



Familias en Acción

2015-2016 Annual Report



Familias en Acción

| www.familiasenaccion.org

| 503.201.9865



Familias en Acción



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Greetings Friends and Colleagues of Familias,

This past year has brought Familias en Acción new partners and opportunities to continue our journey towards improving health outcomes for Latinos in our region. Our staff and board are excited about what we have accomplished so far and what the future will bring.

Our Patient Navigators are pivotal to our efforts as they engage with our clients on a daily basis, helping navigate complex and multi-layered health systems. Our Palliative Care curriculum focuses on educating healthcare providers in delivering care that is tailored and respectful of the needs of Latino patients. Last but not least, our Latino Health Equity Conference continues to convene partners, allies, researchers, and community leaders in engaging in conversations about addressing health disparities for Latinos across our region.

Highlights of FY16

- Successfully completed the first year of our Community Partnership Model with Kaiser Permanente and drafted a guide for replicating the process at the Kaiser Mt. Scott Clinic with funding from Meyer Memorial Trust, The Collins Foundation, Oregon Community Foundation, and the Kaiser Permanente Community Benefit program
- Introduced a new diabetes management class for Latino patients and families from the Stanford University School of Medicine: Programa de Manejo Personal de la Diabetes
- Steven Lopez from the National Council for La Raza was our national keynote speaker for our 7th annual Latino Health Equity conference with over 300 attendees
- Familias Staff developed curriculum for a new workshop to support Latino cancer survivors and their family members through funding from OHSU Knight Cancer Institute: Un Abrazo para La Familia
- Received a two-year \$318,900 grant from Cambia Health Foundation to expand culturally appropriate palliative care training across the Pacific Northwest

This next year brings much uncertainty for our clients and their families. Many of our community members fear what could happen with potential changes coming to our immigration and healthcare infrastructures. Now, more than ever, Familias en Acción is committed to ensuring the best quality of life for our clients and to advocate for those who need our support.

On behalf of the staff and the Board of Directors at Familias en Acción, thank you for all of your support and we look forward to what the future has to bring.

Michael Reyes Andrillon, MPA
Chair, Familias en Acción Board of Directors

Our Funders

Grants and Contracts \$576,212

| | |
|------------------|---------------------------------------|
| \$318,900 | Cambia Health Foundation |
| \$60,000 | The Collins Foundation |
| \$59,811 | Susan G. Komen Oregon & SW Washington |
| \$50,000 | OHSU Knight Cancer Institute |
| \$35,000 | Kaiser Foundation |
| \$25,000 | Oregon Community Foundation |
| \$12,800 | Providence Training Income |
| \$12,700 | Screen & Intervene Contract |

Sponsors

| | |
|----------------|------------------------------|
| \$7,500 | Regence |
| \$5,000 | Kaiser Permanente |
| \$5,000 | Legacy Health |
| \$5,000 | Lilly |
| \$5,000 | Providence Health & Services |

- Genentech
- FamilyCare Health
- Autzen Foundation
- Northwest Health Foundation
- CareOregon
- Catholic Charities
- OHSU Knight Cancer Institute
- Cascade AIDS Project
- Metro
- Multnomah County Health Department
- Riverview Community Bank
- United Way of the Columbia-Willamette

*A special thank you to Augustana Lutheran Church for their generous in-kind support.

Program Funding

Financial snapshot for July 1, 2015 to June 30, 2016

Total Revenue and Support: \$640,437

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|-------------------------|-----------|
| Foundation Grants | \$550,712 |
| Program Service Revenue | \$25,500 |
| Registration Fees | \$20,376 |
| Sponsorships | \$40,526 |
| Contributions & Other | \$3,323 |

Total Expenses: \$431,098

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|----------------------|-----------|
| Program Services | \$366,183 |
| Management & General | \$37,906 |
| Fundraising | \$27,009 |

Change in Net Assets \$209,339

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|-------------------------------|-----------|
| Net Assets, Beginning of Year | \$280,939 |
|-------------------------------|-----------|

Net Assets, End of Year \$490,278

Guillermina's Story

When we ask patients to describe their experience with cancer and chronic disease, they focus on the positive and invaluable impact that their navigator has had on their health. Guillermina shares her relationship with Olga, a Familias patient navigator.

“*Olga said, 'I'm going to be with you...I will be there with you.' She accompanied me to everything. At the hospital she met all my brothers, then went to my house because she wanted to talk to my children. She told them what it was that I needed. She said that I needed to be supported a lot. She told them... 'if you want to give her a present, do not give her gifts, give her love...'*”

Familias supports many families with stories like Guillermina's. We empower the patient and family to navigate treatment and survive their cancer!



Patient Navigation and Support Services

178 clients navigated with
108 new clients started this year

323 contacts located in
Clackamas County - 21%
Multnomah County - 36%
Washington County - 24%
Other - 19%

Our Patient Navigator program provides support services to individuals and families diagnosed with chronic diseases such as cancer, end stage renal disease, diabetes, and hypertension. This program aims to: reduce health care costs, improve appropriate health care utilization, lower the risk of avoidable health complications, improve the quality of life through a culturally specific program, and enhance leadership skills.

Family Centered Support Services

Over 175 participant visits

Individuals diagnosed with cancer and other chronic diseases and their families attend a monthly Spanish language support group. Using a relaxed family atmosphere, that also includes children, our support groups provide psychosocial support and education about the following:

- Nutrition classes and food safety
- No cost fitness activities for home and family
- Depression and anxiety
- Skills for patient engagement
- Information about healthcare reform

Pathways Model

Pathways are steps to reduce barriers to healthcare for our clients. Each client has 1-10 Pathways.

357 pathways were opened and
258 pathways completed for clients in
CLARA database

- Alcohol and Substance Abuse
- Chronic Disease Self-Management
- Health Literacy
- Medical Referral
- Medication Reconciliation
- Mental Health
- Social Service Referral

Training for Health Professionals and Community Members

Compañía Familiar: Culturally Competent Palliative Care for Latinos

90 Latino community members served

100 Health Professionals & Community Leaders trained

Classes offered:

- 2 hour Empoderate Training
- 8 hour Train the Trainer Events
- 4 hour Health Professionals Training
- 12 hour online Training for Health Professionals

Cambia Health Foundation has funded our palliative care program “Compañía Familiar” to transform how we address care for Latinos. Palliative care ensures that patients diagnosed with severe chronic illness have access to patient centered care.

Funding from Cambia Health Foundation has provided Familias with the opportunity to develop training for health professionals which is delivered both online and in-person.

Latino Health Equity Conference (LHEC)

Over 300 attendees

Our annual conference was held at Portland State University on June 23, 2016. The theme for 2016 was Immigration and Latino Health: The Journey Ahead. Steven Lopez, Manager of the Health Policy Project at the National Council of La Raza was our national keynote speaker for our 7th annual Latino Health Equity Conference with over 300 attendees.

There were several workshops presented which provided a forum for public health researchers, policy makers, care providers, and students to engage. The participants at our conference were able to share strategies and best practices regarding health equity for Latinos.