

CHWs in Action

When calling our support group members to invite them to a community event, I ran into a member that was going through a rather rough time. The phone call quickly turned from a simple check-in to becoming the listening ear this support group member needed. His wife was dying of cancer and he had very little hope to hold on to. He had no financial assistance and had trouble attending his wife's Social Security appointments as her illness constantly had them going back and forth from the hospital. His biggest priority was taking care of his wife until her dying day.

La familia siempre viene primero.

I quickly made time to visit him and help take some weight off his shoulders. I went for a long walk with a co-worker to mentally prepare for this visit as he needed someone to be strong for him. While conversing with him, it was hard for him to hold back his pain. He had just gotten back from his own dialysis appointment and was heading to see his wife after our meeting. After hearing the problems he was having with Social Security due to lack of attendance for visits, we accompanied him to see his wife and talk to her healthcare team. We sat with him while he spent time with his wife. Sometimes all people need is someone to sit with.

We were able to get a doctor's note to justify her absence and we met with him for the following Social Security appointment. His wife died a week later. Our work together continues as we provide emotional support for him and guide him through this difficult time. We hope he continues to rely on the support group.

— Community Health Worker/Promotora de Salud



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Our Programs

Familias en Acción is a nonprofit organization working to strengthen the health and well-being of Latino families and communities. Our priorities include chronic disease prevention and education, cancer survivorship, community leadership development, elimination of health disparities, and community based participatory research.

Patient Navigation & Support

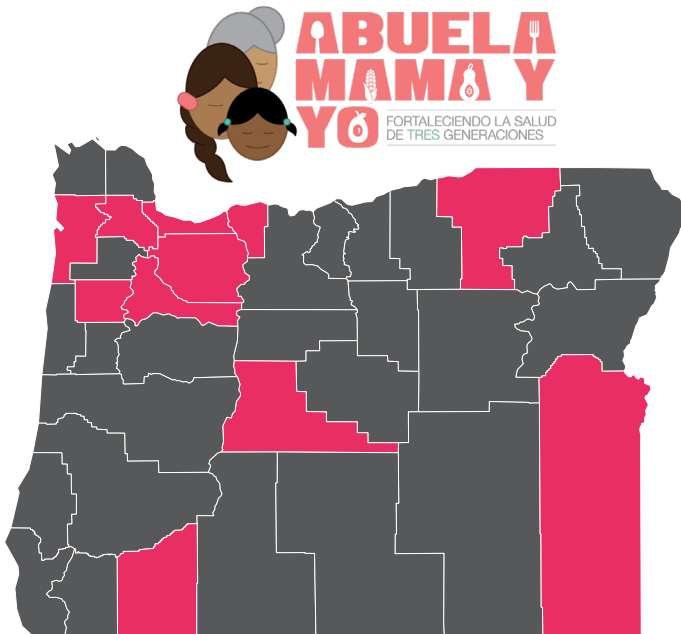
Familias en Acción employs Community Health Workers (CHWs) to improve access to health care for members of the Latino community who have been diagnosed with cancer or chronic health conditions, regardless of insurance. The CHWs facilitate a monthly support group in Spanish for clients and family members. We also participate in Telehealth clinics, providing on site screening and care.

Latino Health Equity Conference

Familias en Acción hosts the annual Latino Health Equity Conference which is a forum on health equity through research, programs and policies. The emphasis of the event is to bridge the gap between health research and practice to develop health equity strategies for Latinos.

Food Equity & Health Education

Our health education programming serves communities across the state of Oregon. This work aims to educate and empower the Latino community by providing classes available in Spanish on chronic disease management and prevention, exercise, and nutrition. *Abuela, Mamá y Yo* is a foundational project in our Food Equity Program, based on epigenetics, social determinants of health, healthy practices, first thousand days of life, and advocacy.



2019 Community Impact

1,491

Community members received health education from Familias en Acción.



366

Latino individuals received support from our Community Health Workers.



398

Attendees at our 2019 Latino Health Equity Conference.



500+

Community members across the state received AMY curriculum training by **94** community leaders

Community Health Workers

Community Health Workers (CHWs) are trusted members of the community they serve. This trusting relationship enables CHWs to provide culturally appropriate services, increase access to health care services, and improve the quality of health care.

Familias en Acción provides health navigation/community health worker services to support, empower, and educate Latinos diagnosed with chronic diseases or cancer, and their family members.



MEDICAL

Medically Disengaged
 High-risk Pregnancy
 Vision Care
 Primary Care No-shows
 Mental Health Concerns

SOCIAL

Housing Insecurity
 Unpaid Utilities
 Chronic Absenteeism
 Bullying
 Transportation

Funding

Financial snapshot
 July 1, 2018 – June 30, 2019

\$616,165

Total Revenue and Support

\$ 255,975	\$ 557,778
Foundation Grants	Total Expenses
\$ 181,277	\$ 495,216
Program Service Revenue	Program Services
\$ 60,217	\$ 58,584
Registration Fees	Management & General
\$ 52,705	\$ 3,978
Sponsorship	Fundraising
\$ 65,991	\$ 58,387
Contributions & Other	Change in Net Assets
\$ 243,224	\$ 290,142
Net Assets Released Multi-Year Grants	Net Assets (End of Year)